

Sample ITINERARY · 7 days · West Cyclades & Santorini · Greece



- DAY 1: Athens · Cape Sounio · Serifos (68 n.m.)
- DAY 2: Serifos · Polyegos · Kimolos · Milos (42 n.m.)
- DAY 3: Milos · Milos Kleftiko · Santorini (67 n.m.)
- DAY 4: Santorini · Santorini Caldera, Volcano · Folegandros (35 n.m.)
- DAY 5: Folegandros · Ios beaches · Ios (28 n.m.)
- DAY 6: Ios · Sifnos (36 n.m.)
- DAY 7: Sifnos · Kythnos · Kea (53 n.m.)
- DAY 8: Kea · Athens Riviera · Athens (40 n.m.)

Total Miles: 369
Total Cruising Hours: 18.5

M/Y 4LIFE

...please see next pages for pictures
& descriptions ↓

DAY 1

ATHENS → stop over **CAPE SOUNIO** (Attica coasts) N. miles: 23 = 1 hr cruising

Stop for swimming in Cape Sounio bay with wonderful views of the Ancient Greek Temple of Poseidon



Cape Sounio

CAPE SOUNIO → Overnight: **SERIFOS** port (Livadi) N. miles: 45 = 2 hrs cruising



Abeli beach



Koutalas bay



Psili Ammos beach



Serifos "Hora"

Optional quick stop for swimming in one of the amazing sandy beaches of Serifos (Agios Sostis, Psili Ammos etc), which are among the best in Greece. Overnight stay in the beautiful port of Serifos, with a nice beach for swimming, some cute little shops, various tavernas and cafes on the beach and stunning views of the wonderful Capital village (Hora) on the hill.

Recommended by car: Visit the picturesque white washed Capital village (Hora) on the hill, to admire its stunning panoramic Aegean views and its lovely pure Cycladian architecture.



SERIFOS → stop over **POLYEGOS** (West Coasts) N. miles: 24 = 1 hr cruising

DAY 2

On the way to Polyegos, optional small deviation for swimming in the wonderful protected bay of Koutalas (Serifos) with the fantastic sandy beaches.

Stop over for swimming in the stunning isolated turquoise beaches of Polyegos (uninhabited island), famous for the intense color and the clarity for their sea. You will also admire the amazing natural rocky sculptures in the sea.

DAY 2

M/Y 4LIFE

POLYEGOS → cruise by **KIMOLOS** → overnight **MILOS** port (Adamas)

.... N. miles: 18 = 1 hr cruising



Aphrodite
of Milos



Firopotamos



Sarakiniko



Kimolos

Low speed cruising along of the fantastic Northern coasts of Milos with the wonderful natural rocky formations (Glaronissia etc), the stunning famous beaches of Sarakiniko and Papafragas cave and the colorful picturesque traditional coastal fishing villages Fyropotamos and Mandrakia. Overnight stay in Adamas port, with various tavernas and cafes.

Recommended by car: Visit the picturesque Hora (Capital village) to admire its sunset views and to enjoy your dinner in one of the nice tavernas and your drink in its cozy little bars. You will also find cute little shops for shopping delicious local sweets.



Milos "Hora"

DAY 3

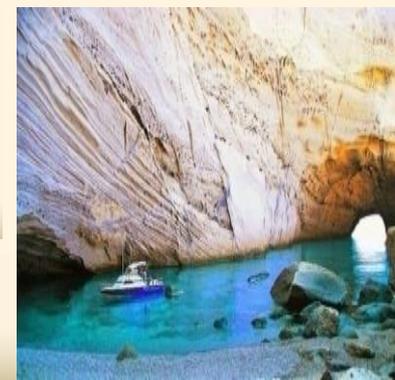
MILOS (Adamas) → stop over **KLEFTIKO** (SW Milos)

.... N. miles: 15 = 45 min cruising

On your way to Kleftiko you will cruise by picturesque fishing villages and impressive natural rocky sculptures and caves



Kleftiko is one of the most amazing spots in the Mediterranean. There you will swim in its stunning cave beaches with crystalline waters.



DAY 3

KLEFTIKO (SW Milos) → MILOS South Coasts → overnight **SANTORINI** (Armeni) N. miles: 52 = 2.5 hrs cruising



On your way to Santorini you will pass by the beautiful southern coasts of Milos and by some fantastic beaches (Fyriplaka, Tsigrado etc)



Overnight stay in Santorini is a lifetime experience! The tiny dock of Armeni is one of the very few places to moor in Santorini. It is an amazing spot with great views of Oia on the hill and a cozy little taverna, serving delicious food. You may also swim in its clear waters.

Recommended by car or by donkey: Visit the stunning Oia village, one of the most beautiful places on earth, to enjoy its famous sunset, its breathtaking Caldera views and its unique cosmopolitan atmosphere. Dinner in one of Oia's fantastic restaurants is highly recommended. Oia is ideal for shopping offering numerous shops of all kinds. Nightlife lovers, should visit also Fira (Capital) which is much more touristic and offers endless entertainment options, along with stunning Caldera views. Another wonderful spot of Santorini is the tiny port of Ammoudi (underneath Oia) with nice tavernas by the sea.



DAY 4

SANTORINI (Armeni) → SANTORINI Caldera cruise (10 n.m.) N. miles: 10 = 30 min cruising



Ammoudi

Before leaving Santorni, you will have the unique experience of cruising along the famous Caldera and pass by its little volcanic islets, while admiring the stunning views of Santorini itself and its little sister island Thirassia. You may also stop for a quick dive in the hot sea of the area.

SANTORINI Caldera → stop over **FOLEGANDROS** (Katergo beach)

.... N. miles: 23 = 1 hr cruising

Stop for swimming in the wonderful isolated Katergo beach, one of the best in Greece



Katergo

FOLEGANDROS (Katergo) → overnight **FOLEGANDROS** Port (Karavostassi)

.... N. miles: 2 = 5 min cruising

Overnight stay in Folegandros port.

Recommended by car: You should not miss a visit to the amazing Capital village (Hora) on the hill, which is considered the most beautiful in Cyclades after Santorini. You will be stunned by its breathtaking panoramic Aegean views and its unique "fairly tale" like atmosphere, with many cozy bars, tavernas and cute little shops.



DAY 5

FOLEGANDROS Port (Karavostassi) → stop over **IOS** beaches N. miles: 21 = 1 hr cruising

Stop over for swimming in one of the numerous fantastic sandy beaches of Ios, most of which are isolated (Maganari, Tris Klissies, Pikri Nero, Mylopotas etc).



Tris Klissies



IOS beaches → overnight **IOS** Port (Gialos) N. miles: 7 = 20 min cruising

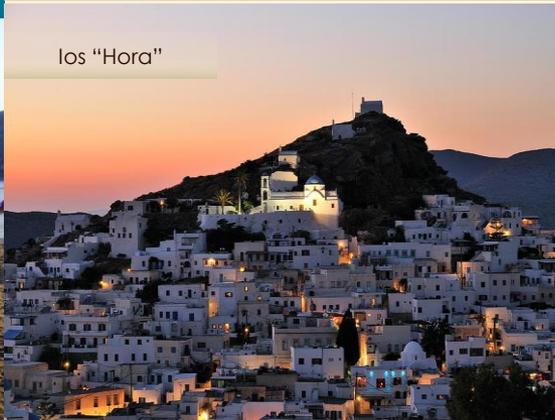
Overnight stay in the lovely port of Ios with a wonderful sandy beach and various tavernas and cafes by the sea.

Recommended by car: It is recommended to visit the traditional white washed Capital village (Hora) on the hill, with numerous restaurants, bars, clubs and shops. It is one of the most vibrant in Cyclades, ideal for clubbing .

Maganari



Ios "Hora"



Pathos pool bar



DAY 6

Recommended by car: Don't miss to visit the fantastic traditional white washed castle-village Kastro for its stunning sunset and its atmospheric cafes and tavernas. Also, the traditional, yet cosmopolitan Capital village (Hora) with many cozy restaurants, cafes, bars and cute little shops for shopping.

IOS Port → **SIFNOS** Port (Kamares) N. miles: 36 = 1.5 hr cruising

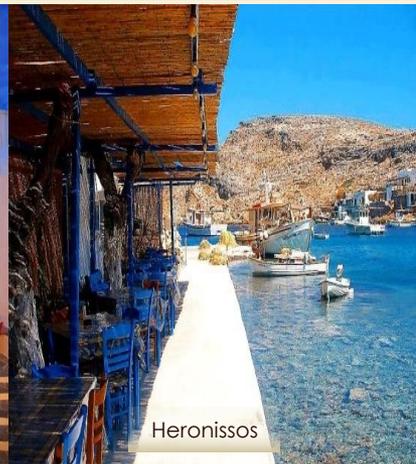
On your way you may stop over for swimming in one of the nice beaches of Sifnos (Platys Gialos, Vathy etc). Overnight stay in Kamares (main port). Alternatively you may stay overnight in Vathy bay or Platys Gyalos bay-settlement.



Castle



Sifnos "Hora"



Heronissos



Sifnos "Hora"



Vathy



Castle "Seralia"



Kamares (port)

DAY 7

SIFNOS (Kamares) → stop over **KYTHNOS** Kolona beach N. miles: 33 = 1.5 hr cruising



Kolona

Stop for swimming in the magnificent Kolona beach, one of the best in Greece. Optionally you may deviate to visit also the lovely fishing village Loutra (NE of Kythnos) in a bay with beautiful beaches. Or you may visit by car the Capital village (Hora) and Dryopida a unique Cycladian village with red roof tops (reommeded only for the afternoon).



Loutra, Agia Irini

KYTHNOS (Kolona) → overnight **KEA (TZIA)** Vourkari N. miles: 20 = 1 hr cruising

On your way to Vourkari you will pass by some beautiful beaches, such as Vroskopos, Koundouros etc where you can stop for a quick dive. Overnight stay in the lovely fishing village Vourkari, with nice restaurants and cafes by the sea, little shops and a lovely beach for swimming. You may also visit (by car) the Capital village (Ioulida) on the hill, for its unique architecture and its nice tavernas.



Dryopida

Kythnos "Hora"



Kea "Hora"

KEA (Vourkari) → stop over **ATHENS RIVIERA beaches** (Fleves Islet & Vouliagmeni Bay) N. miles: 30 = 1.5 hrs cruising



Vourkari



ATHENS RIVIERA beaches (Fleves Islet & Vouliagmeni Bay) → end of cruise **ATHENS** N. miles: 10 = 30 min cruising

On your way to Athens you may enjoy a wonderful quick stop for swimming in the crystalline waters of Fleves (uninhabited islet in Athens coasts) or the beautiful Vouliagmeni bay.



Fleves Islet
(Athens)



One of the many beaches in
Vouliagmeni (Athens)



Vouliagmeni (Athens)

NOTES:

- 1) The above cruising hours are roughly calculated and rounded and may differ subject to weather conditions and yacht's load.
- 2) The above cruising hours and fuel consumption do not include time and fuel for manoeuvres & generator consumption.
- 3) The above itinerary is only indicative and is ideal for a charter starting-ending at hrs 12:00 (midday). It may be differentiated subject to weather conditions, embarkation-disembarkation hours and clients' preferences
- 4) Berth place availabilities in some islands may be limited (especially in Santorini). Also there are no private marinas in any of the above Cycladian islands, therefore berth reservation is not available. Although your Captain will put all efforts to allocate the appropriate berth place, if this might not be possible, the above itinerary might be differentiated.
- 5) Cars are not allowed inside the traditional Capital villages (Horas) of Cyclades. Your taxi will leave you in the entrance of the village and you will enjoy strolling along their lovely stone paved narrow alleys to discover their beauties.

INFORMATION about the Destinations

ATHENS RIVIERA & CAPE SOUNIO

Athens coasts have many great beaches with crystalline waters and lovely bays for anchoring. Fleves (uninhabited island, 5 minutes from Vouliagmeni suburb) has lovely coves with exotic turquoise waters and Katramonissi islet (15 minutes from Alimos marina) has a nice beach ideal for swimming. A popular bay for swimming is Astir in Vouliagmeni with a couple of fantastic beaches with exotic waters. One of the most popular anchorages is Cape Sounio bay, not only for its beautiful beach but also due to the magnificent Ancient Greek Temple of Poseidon climbed on the hill. The area has a luxury hotel and a couple of tavernas.



SERIFOS



Serifos is a quiet island with more than 50 fantastic beaches, most of them virgin and all of them with amazing exotic waters. However, it is also famous for its spectacular traditional Hora (capital village) climbed on the hill. It also has some very pure Cycladian villages and a lovely port (Livadi), which is the most cosmopolitan site of the island, with a large sandy beach and various restaurants, cafes and shops. SERIFOS is IDEAL for those wishing to explore a quiet Cycladian island with many exceptionally beautiful isolated beaches and wonderful traditional architecture.

MUST DO in SERIFOS

- Visit the spectacular traditional Hora (capital village) during sunset. It is climbed on a hill above the main port (Livadi) offering stunning panoramic views of the Aegean. There you will also find a few tavernas and a couple of cafes.
- Swim in the fantastic virgin beaches of the island, with exotic waters
- Have a drink or a meal on the beach, in one of the various restaurants and cafes of the picturesque Livadi (port)

POLYEGOS

Polyegos is an uninhabited virgin island near Milos and Kimolos and has the most intense turquoise waters of Aegean, which is the main reason to visit it. You will be stunned with its exceptionally beautiful isolated beaches and its impressive rocky formations, some of which seem to emerge from the sea.



KIMOLOS



Kimolos is one of the most primitive Aegean islands. It has a lovely traditional Hora (capital village) with some taverna and quiet café-bars, a couple of cute tiny fishing villages, a very small port located on a sandy beach and other beautiful beaches, among which the exotic Prassa with white sand, which is one of the best in Cyclades. However, one of the main attractions of Kimolos is the impressive rocky formations of its coastline. Its proximity to Milos and Polyegos, makes it an interesting stop over. KIMOLOS is IDEAL for those wishing to explore a primitive Cycladian island with lovely beaches and impressive coastline.

MUST DO in KIMOLOS

- Cruise along its coastline to admire the impressive rocky formations and swim in the exotic Prassa beach
- Visit the traditional Hora (capital village) on the hill, if you want to see a quiet Cycladian village, with very few tavernas and café-bars.

MILOS

Milos is one of the most beautiful islands in the Mediterranean, which retains its quiet traditional, non touristic, character and is definitely a must see, due to its:

- Stunning volcanic coastline, with impressive natural rocky sculptures on its land and in the sea, fantastic sea caves and exceptionally beautiful beaches. Among them, the famous Klefitko combines all the above and is one of the most spectacular spots in the world.
- Its great history, since it is the home land of the world famous ancient Greek sculpture "Aphrodite of Milos" one of the most popular exhibits of Louvre Museum in Paris.
- Its lovely colorful fishing villages (Fyropotamos, Mandrakia etc)

MILOS is IDEAL for those wishing to explore a non touristic island with spectacular landscape, superb beaches and great history

MUST DO in MILOS

- Visit the famous Klefitko (accessed only by boat) with the imposing white rock formation, its sea caves and its tiny beaches with crystal clear waters
- Swim in Sarakiniko, the spectacular moon-like beach, with white rocks and crystal clear waters and in Papafragas, the imposing open cave-beach
- Cruise along its impressive volcanic coastline and explore its numerous amazing beaches
- Visit the picturesque traditional Hora (capital village) with nice tavernas and café-bars



SANTORINI

Words cannot describe the magic of Santorini. It is one of the most incredible places on earth, definitely a “must see” in a lifetime due to its:

- Stunning beauty with breathtaking Caldera views and unique traditional architecture combined with the impressive volcanic landscape
- Amazing atmosphere and its excellent restaurants, bars, beach bars, clubs and shops
- Great history and important archaeological sites

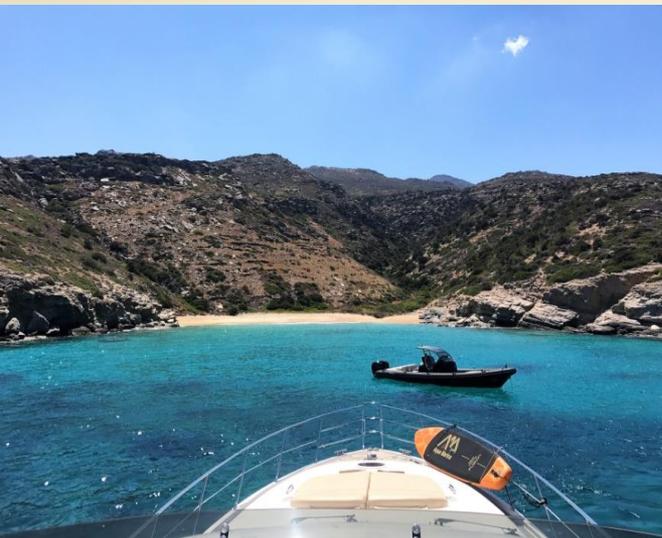
SANTORINI IS IDEAL for those wishing to visit one of the most beautiful places on earth combining a cosmopolitan atmosphere, with many entertainment and shopping options, history and nice beaches. However, it is the least yachting friendly Cycladian island (along with its neighboring Anafi), due to its volcanic landscape very deep sea bottom and lack of protected bays.

MUST DO IN SANTORINI

- Stroll along the wonderful stone paved alleys of the exceptionally atmospheric Oia during the afternoon and admire its breathtaking Caldera views and its famous sunset.
- Enjoy at least one mouth watering meal in one of its fantastic restaurants, offering stunning Caldera views. Finish your evening with a chilling cocktail in one of its many cozy bars and clubs in the most touristic and vibrant Fira (Capital)
- Cruise along the volcanic islets of the Caldera, swim in the hot yellow sea of the area and visit the Volcano



IOS



Ios is peculiar because it has a very vibrant Hora (capital village) with many clubs, cafes, restaurants and shops but the rest of the island is almost isolated, with the exemption of the great Mylopotas beach, which is very cosmopolitan. The main attraction of Ios is its many fantastic sandy beaches, most of which are accessed only by boat.

IOS is IDEAL for those who like to enjoy wild nightlife and at the same time a virgin island with some of the most beautiful virgin beaches of Greece.

MUST DO in IOS

- Explore its numerous wonderful isolated virgin beaches, accessed only by boat (Tris Klisies, Papa Nero, Pirki Nero, Tripiti etc).
- Anchor in Maganari (south), one of the most popular anchorages of Cyclades, with three wonderful sandy beaches. The area is underdeveloped, but part of the beaches is organized and there are also a couple of tavernas.
- Visit the lovely traditional Hora (capital village) on the hill, to enjoy clubbing, shopping or a nice meal. On your way, you will have the chance to admire the breathtaking views of Gyalos (port) and the Aegean.

FOLEGANDROS

The Hora (capital village) of Folegandros is considered as the most beautiful in Cyclades, after Santorini's and this the main reason for visiting this small primitive rocky island. However, it also has lovely little beaches with impressively transparent turquoise waters, including Katergo which is one of the best in Greece. FOLEGANDROS is IDEAL for those who wish to swim in lovely small beaches with crystalline waters during the day and have a wonderful night time in one of the most picturesque panoramic villages of the Mediterranean

MUST DO in FOLEGANDROS

- Visit Hora during sunset to admire some of the most stunning Aegean views. This exceptionally beautiful traditional village on the hill has a "fairy tale" like atmosphere that will definitely captivate you. You should definitely have a dinner there in one of the many fantastic cozy restaurants and then a drink in one of its stylish bars.
- Swim in the magnificent Katergo beach, with exceptionally clear turquoise waters



SIFNOS



Sifnos has many funs because it offers a little bit of everything:

- Pure Cycladian architecture
- Adequate entertainment options, nice restaurants and shops
- Picturesque traditional villages
- Nice beaches

SIFNOS is IDEAL for those seeking a pure Cycladian island with adequate entertainment options and a cosmopolitan flair

MUST DO in SIFNOS

- Visit the wonderful Castle village (Kastro) during sunset to admire the breathtaking Aegean views and the lovely chapel of Epta Martyres built by the sea. You can have a drink in one of the Castle's cafes and if you have time have a dinner in the fantastic restaurant on the small beach of Seralia, underneath the village.
- Stroll in the narrow streets of Hora (capital village) during the night, with nice shops, restaurants and bars.

KYTHNOS

Kythnos is famous for Kolona, which is one of the most beautiful beaches in Greece, offering a fantastic protected anchorage. Besides Kolona, it has more than 50 other nice beaches, most of them quiet or isolated. It is a low profile non touristic island, with two very picturesque traditional villages (Hora, the Capital and Dryopida), few small coastal settlements and various cozy places for a meal or a drink. Kythnos also has a great ancient history. It developed a great civilization in antiquity and it is the place where the oldest human settlement of Cyclades was found (10.000 BC). It is also famous for its natural therapeutic thermal springs. KYTHNOS is IDEAL for those seeking a quiet island with beautiful beaches, small traditional villages, cozy places to enjoy a meal or a drink and great ancient history.

MUST DO in KYTHNOS

- Anchor in Kolona, one of the most spectacular anchorages in Greece, with a fantastic double sandy beach and crystalline waters
- Enjoy a nice meal or a drink on beach, in the lovely quiet fishing village of Loutra, with the little marina or in the nearby tiny bay of Agia Irini. Close to Loutra is Maroulas where the oldest human settlement of Cyclades was found (Maroulas area, 10.000 BC).
- Stroll along the narrow streets of the picturesque traditional villages Hora and Drypida. Hora (capital village) is more vibrant with cozy tavernas, cafes and bars, whereas the quiet Dryopida has a unique architecture (red roof tops) and a very few places to eat.
- Swim in the hot therapeutic spring water pouring into the seas of Loutra and Kolona bay.



KEA (TZIA)

Being the closest Cycladian island to Athens, Kea is very popular among Athenians and yachters. As most islands of Cyclades, has:

- Many beautiful virgin sandy beaches, with crystalline waters and a few organized ones, with Koundouros being the most cosmopolitan among them and a popular anchorage.
 - A picturesque Hora (Capital village) on the hill, with unique traditional architecture with red roofed houses and some nice coastal settlements, among which Vourkari is the most famous, due to its lovely protected bay.
 - Various nice tavernas, a few quiet bars by the sea and unique ancient trekking paths
 - Very important ancient history, archaeological sites (such as this on Karthaia beach) and museums.
- KEA IS IDEAL for those seeking a non touristic Cycladian island, with some cosmopolitan flair during high seasons, nice places to eat, lovely beaches and protected bays.

MUST DO in KEA

- Enjoy your meal in one of the nice seaside restaurants of Vourkari and then a lovely stroll to the peninsula of Agia Irini, where there was a pre-historic settlement and now lie ruins of an ancient temple
- Visit the picturesque Ioulida (capital village) on the hill, with a few good traditional tavernas
- Select your favorite isolated bay and swim in its crystalline waters.

